

## Friday night with colleagues



Arctic char confit for starters, beef in two ways for the main course and chocolate mousse topped with caramel and sugared peanuts for dessert. A vegetarian alternative could also be chosen with allergies accommodated for.

In the middle of the darkest autumn weather in Finland, Aker Arctic's social committee organised an online cooking class to cheer the staff up.

Most of the fun events that Jillian Adams and Heikki Juvani had planned for their colleagues last year were postponed due to COVID-19, until they thought of arranging a joint online cooking class on a Friday night in November.

Flavour Studio delivered all the ingredients pre-prepared in individual cooler boxes to the Helsinki office. All participants picked up a cooler box to take home, set themselves up in their own kitchens and tuned into an online video meeting.

### Three-course dinner

"Chef Patricio Saksa then guided us through the steps in preparing the delicious three-course dinner," Adams explains. – The menu was planned as a dinner for two but could be topped up to include the whole family or friends cooking together.

"The company had a professional camera team alternating angles in the studio. We could also see our colleagues at the bottom of the screen, and were given breaks to chat, which enhanced the experience of cooking together," Juvani adds.

"The best thing with the cooking class was to actually do something together," both Adams and Juvani emphasize. "Although the ultimate option would have been to gather in a large kitchen for the class, as we have done twice before, this was definitely a great way to spend a fun Friday evening with colleagues." ■

## Monthly webinars about icebreaking

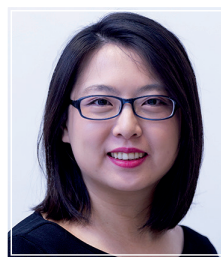
Last year, Aker Arctic began holding open webinars for professionals with an interest in icebreaking vessels and topics related to shipping in ice. The feedback has been overwhelmingly positive, and the monthly webinars have been well attended. Here is an overview of the past topics covered. Let us know if you find one that you missed but would have been keen to attend.

- Ice Class Power Requirement And Ice Model Tests
- Power and Propulsion Selection For Ice-classed Ships
- Polar Code – What We Learned?
- Ice Class Selection & Ice Strengthening Beyond The Rules
- Ship Operations In Ice
- Practical Winterisation



Upcoming webinars at [www.akerarctic.fi/en/news](http://www.akerarctic.fi/en/news)

## ANNOUNCEMENT



Hanyang Gong has joined Aker Arctic as a research engineer in the Ice Model Test and Testing Services team. She has recently completed a doctoral degree in Mechanical Engineering (Arctic Marine Technology and Ice Mechanics)

at Aalto University. Her doctoral study focused on discrete element numerical and laboratory modelling of the interaction between ships and ice ridges. The study provides new understanding of the ice ridge failure process and ridge resistance on ships, particularly the role of ridge dimensions and hull forms. This study supports the evaluation of ship performance in ridged ice fields, e.g., in the context of shipping route planning. Before moving to Finland, Hanyang was involved in various ocean engineering research projects, both at Harbin Engineering University (Harbin, China) and at the Graduate School of Tsinghua University (Shenzhen, China).